



God Made All of Me: A Book to Help Children Protect Their Bodies

By Justin S. Holcomb, Lindsey A. Holcomb

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God Made Every Part of You!

It's easy to convey the message to children that their bodies or particular parts of their bodies are shameful. This misconception fuels confusion, embarrassment, and secrecy, and often prevents children from recognizing or reporting sexual abuse.

God Made All of Me is a simply-told, beautifully-illustrated story to help families talk about these sensitive issues with two- to eight-year-old children. Because the private parts of our bodies are private, the home is the ideal environment where a child should learn about his or her body and how it should be treated by others.

God Made All of Me starts from the fundamental truth that God created everything and applies that truth to kids and their bodies. It equips parents to talk with both boys and girls about their bodies and to help them understand the difference between the appropriate and inappropriate touch of others. *God Made All of Me* allows families to build a first line of defense against sexual abuse in the safety of their own homes.

God Made All of Me is the first children's book written by *Rid of My Disgrace* authors Justin and Lindsey Holcomb. Parents of young children themselves, the Holcombs regularly counsel victims of sexual abuse and are profoundly aware of the dangers kids face. Their simple and relatable story, designed to help children protect their bodies, will be an important resource for every family with young children.

- Simple, relatable story for two- to eight-year-old children, designed to help them protect their bodies.
- Includes colorful, age-appropriate illustrations.
- Conveys a clear message that God made every part of the human body and that every part is, therefore, good (the doctrine of creation.)
- Gently opens the conversation about sexual abuse that every family needs to have.

- Facilitates open conversations about appropriate and inappropriate touch.
- Overcomes confusion, secrecy, and embarrassment about bodies with truth.

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Bibliography

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Editorial Review

Amazon.com Review

“Talking with our children about their bodies, touches, and secrets is an important step in keeping them as safe as possible. *God Made All of Me* helps parents start this conversation in a way that is not frightening and that affirms the faith traditions of many families.”

—**Victor Vieth**, Senior Director & Founder, Gundersen National Child Protection Training Center

“*God Made All of Me* is a helpful tool for parents who want to talk with their children about the wonders of the human body in the context of safe and healthy relationships. With a positive tone and clear illustrations, *God Made All of Me* offers helpful words and actions for children to keep their bodies safe, and to see themselves as God’s glorious creations.”

—**Amy Julia Becker**, author of *Small Talk: Learning from My Children about What Matters Most*

“Children are bombarded by all kinds of sexual messages, and parents are in the most critical position to provide the first line of defense to protect and guide their children to develop a positive and clear voice about their body and sexuality. *God Made All of Me* shows you how to establish the foundation for a healthy bond with your children to meet the increasing challenges of sexuality that they will confront in childhood and adolescence. *God Made All of Me* establishes the dynamics for an ongoing, open exchange for discussing the body and healthy boundaries, imparting invaluable skills for your children to establish a spiritual compass, trust their feelings, and express their thoughts as they develop.”

—**John T. Chirban**, Professor of Psychology and Chairman of the Human Development Program, Hellenic College; clinical instructor in psychology at Harvard Medical School at The Cambridge Hospital; Senior Fellow at the Center for the Study of World Religions at Harvard University; and author of *How to Talk with Your Kids about Sex*

“Protecting our children begins with conversations that help them understand how to protect themselves. Unfortunately, many parents simply aren’t equipped to have these often difficult and awkward conversations with their little ones. Tragically, sexual offenders realize this and often target children who have never learned how to protect their bodies. The simplicity of the text and the wonderful illustrations make *God Made All of Me* the perfect resource for teaching our children this absolutely necessary information. What I love most about this amazing little book is how beautifully it conveys God’s love for little ones by wanting them to be safe. As a former child abuse prosecutor, I have no doubt that *God Made All of Me* will be a major contribution to making our world a safer place for our precious children.”

—**Boz Tchividjian**, Executive Director, GRACE; Professor of Law; and former prosecutor

“Justin and Lindsey have written a book to help us protect our children from sexual abuse. In clear and simple language it engages the child in the discussion. Woven throughout is the foundational belief that our children have been purposefully created by God and that every aspect of their being was his idea. I highly recommend *God Made All of Me* to parents of young children. Love them well by educating them about keeping their bodies safe.”

—**Diane Langberg**, PhD, Psychologist

“This is a strange and beautiful book. Strange because it’s so unique: exploring God’s creation with a view to helping children protect themselves in an increasingly at-risk culture. Beautiful because it hits its mark:

instilling practical wisdom in a way that teaches without terrifying. The combined experience of the authors makes this a terrific resource for parents as well. As a father of four, I highly recommend it.”

—**Michael Horton**, Professor of Systematic Theology and Apologetics, Westminster Seminary California

“A lively, engaging, and straightforward little book, *God Made All of Me* is the perfect invitation to start a conversation with children about their bodies, boundaries, and the people in their life that make them feel safe. This book is both God-glorifying and visually stimulating and our homes and churches will be safer and more joyful places because of it.”

—**Rachel Held Evans**, author of *blog* and author of *Faith Unraveled* and *Searching for Sunday*

“*God Made All of Me* is a sweet, compelling, brilliantly sensitive invitation to teach your children the beauty of their body and the honor due to being made in the image of God. It offers simple and clear wisdom little ones can grasp about how to protect themselves from inappropriate or unwanted touch. It is the responsibility of every parent and grandparent to address uncomfortable subjects. This glorious resource is an investment in care, protection, and honor. I am grateful I get to read this to all three of my grandchildren.”

—**Dan B. Allender**, Professor of Counseling Psychology and Founding President, The Seattle School of Theology and Psychology; author of *The Wounded Heart* and *Healing the Wounded Heart*

“I wish my family had this book when I was a little girl because if they did I wouldn’t have the sexual abuse story I have today. This is an important, straightforward book.”

—**Mary DeMuth**, author of *Not Marked: Finding Hope and Healing After Sexual Abuse*

“As a parent to a young daughter, I’m already thinking through how to parent well in this area. Too many resources, when I was growing up, made us feel shame because of our bodies, or just simply didn’t talk about it. I’m so thankful and completely indebted to Justin and Lindsey for giving us a resource like this.”

—**Jefferson Bethke**, author of New York Times bestseller *Jesus > Religion*

“This is a must-read for any parent who wants to help empower their child to be safe from those who hurt little ones.”

—**Michael Reagan**, President, The Reagan Legacy Foundation

“This book is an absolute gift to parents! Finally, there is a quality book that engages children while providing a way for parents to discuss the difficult topic of sexual abuse. This is a vital tool to help parents raise healthy, brave children.”

—**Lindsey Strickland**, former child advocate at Sexual Assault Resource Agency, Charlottesville, VA

“It’s sad that we have to educate our children in self-protection; but it is profoundly necessary. The good news is we can rejoice that we are God’s creation and teach our children to live in that sacred dignity. This book is a great help!”

—**Gregory O. Brewer**, Bishop of the Episcopal Diocese of Central Florida

“Educating our children about their bodies is one of the most important steps in preventing child abuse. That’s why *God Made All of Me* is a valuable resource. A simple story with colorful artwork, and theological and practical truth—all packed into one small book. Parents, educators, Sunday school teachers, children’s ministry directors, and many others should pick up a copy today and read it to their young children.”

—**Deepak Reju**, Pastor of Biblical Counseling and Family Ministry, Capitol Hill Baptist Church (Washington, DC); and author of *On Guard: Preventing and Responding to Child Abuse at Church* and *The Pastor and Counseling*

From the Author

Dear Parent or Caregiver,

We wrote *God Made All of Me* as a tool so you can explain to your children that God made their body. Because private parts are private, there can be lots of questions, curiosity, or shame regarding them. For their protection, children need to know about private parts and understand that God made their body and made it special.

We want parents and caregivers to be smarter and better prepared than those who would want to harm the child you love and want to protect. Education is important in prevention against inappropriate sexual behavior or contact. By teaching children about their body and discussing appropriate and inappropriate touch, you are helping them understand their ability to say No to unwanted touch, which will help them if anyone ever tries to hurt or trick them.

Please consider taking the time to read this book and talk to your child about it.

Thank you,

Justin and Lindsey Holcomb

About the Author

Justin Holcomb, PhD, is a minister and seminary professor. He and his wife, Lindsey, are authors of: *Is It My Fault?* and *Rid of My Disgrace*. Justin has also written or edited numerous books, including *Know the Heretics*, *Know the Creeds and Councils*, *On the Grace of God*, *What Do You Do For a Living?*, *Acts: A 12-Week Study*, *For the World*, and *Christian Theologies of Scripture*. He serves on the boards for REST (Real Escape from the Sex Trade) and GRACE (Godly Response to Abuse in Christian Environments).

Lindsey Holcomb, MPH, counsels victims of sexual assault and domestic violence and is the cofounder of REST (Real Escape from the Sex Trade). She has provided crisis intervention to victims of sexual assault and domestic violence and conducted a variety of training seminars to service providers. Lindsey is also the coauthor of *Is It My Fault?* and *Rid of My Disgrace*.

Users Review

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George Clark:

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Monica Bonner:

A lot of people always spent their own free time to vacation as well as go to the outside with them family members or their friend. Do you realize? Many a lot of people spent many people free time just watching TV, or even playing video games all day long. If you would like try to find a new activity this is look different you can read the book. It is really fun to suit your needs. If you enjoy the book that you simply read you can spent the whole day to reading a book. The book God Made All of Me: A Book to Help Children Protect Their Bodies it is extremely good to read. There are a lot of individuals who recommended this book. They were enjoying reading this book. If you did not have enough space bringing this book you can buy the e-book. You can m00re effortlessly to read this book from your smart phone. The price is not too costly but this book offers high quality.

Ann David:

In this time globalization it is important to someone to obtain information. The information will make someone to understand the condition of the world. The fitness of the world makes the information better to share. You can find a lot of references to get information example: internet, newspapers, book, and soon. You will see that now, a lot of publisher in which print many kinds of book. The particular book that recommended to you is God Made All of Me: A Book to Help Children Protect Their Bodies this publication consist a lot of the information on the condition of this world now. That book was represented how does the world has grown up. The dialect styles that writer make usage of to explain it is easy to understand. Often the writer made some research when he makes this book. This is why this book suited all of you.

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