



Shakti Mantras: Tapping into the Great Goddess Energy Within

By Thomas Ashley-Farrand

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SHAKTI MANTRAS

Tapping into the Great Goddess Energy Within

- Enhance your spiritual gifts
- Lighten your karmic burden
- Improve your health and increase prosperity
- Live in harmony with the universe

Now, with *Shakti Mantras*, we can all benefit from this ancient practice. Thomas Ashley-Farrand, a Vedic priest, is an American expert in the intricacies of Sanskrit mantra. With nearly thirty years and thousands of hours of experience in chanting, he is supremely well-equipped to write the first book that teaches women (and men as well) to tap into the dynamic feminine energy of love in all its manifestations. By sharing enchanting Hindu myths and astonishing true stories from his own practice, Ashley-Farrand helps us to understand the real power that this age-old art awakens in those who perform it. Through dozens of actual mantras—each one presented with phonetic spelling for easy pronunciation and recommendations for specific applications—he enables us to increase our “shakti” (power) and use it to solve problems, ensure abundance, create health and well-being, summon protection, and invoke personal and universal peace.

Whether you’re new to chanting or an old hand, *Shakti Mantras* will take you places you’ve never been before . . . and measurably enrich your life.

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Editorial Review

Review

Praise for *Shakti Mantras*

“*Shakti Mantras* by Thomas Ashley-Farrand . . . combines his knowledge as an American Hindu priest, [his] adventures as an experienced spiritual guide, [his] considerable storytelling gifts . . . and the immensely practical, useful knowledge of what chants to use when. In his disarmingly unpretentious and accessible style, Ashley-Farrand draws on an enormous body of knowledge from ancient traditions to art and literature and contemporary science. . . . *Shakti Mantras* is an appealingly modest treasure, which everyone—man, woman, young, older, novice, adept—can enjoy. It’s as embracing and supportive as a good mother, as entertaining as a teasing sister, and as rewarding as a loving partner.”

—DOE LANG, Ph.D.

Columnist, DBR Media, Inc.

Author of *The New Secrets of Charisma*

“In the face of difficulty, confusion, or imbalance, there are moments when you may just want to lie in your mother’s arms. Thomas Ashley-Farrand’s *Shakti Mantras* takes you right to the heart of Divine Mother’s energy. From that place of nurturing peace that we all have within, things have a way of working themselves out. What a blessing!”

—IYANLA VANTZANT

Author of *In the Meantime*

and *One Day My Soul Just Opened Up*

“Ashley-Farrand throws light on some important secrets. . . . *Shakti Mantras* is a comprehensive work presenting an easily readable account of a range of cultures, mantra practices, and spiritual traditions. [It] provides a wealth of information that can lead to a most rewarding life experience. The mantras are presented in an easy way to pronounce for a Westerner.”

—DR. SARASVATI MOHAN

Director, Sanskrit Academy

From the Inside Flap

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From the Back Cover

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Director, Sanskrit Academy

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