



Into Africa: The Epic Adventures of Stanley and Livingstone

By Martin Dugard

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With the utterance of a single line—"Doctor Livingstone, I presume?"—a remote meeting in the heart of Africa was transformed into one of the most famous encounters in exploration history. But the true story behind Dr. David Livingstone and journalist Henry Morton Stanley is one that has escaped telling. *Into Africa* is an extraordinarily researched account of a thrilling adventure—defined by alarming foolishness, intense courage, and raw human achievement.

In the mid-1860s, exploration had reached a plateau. The seas and continents had been mapped, the globe circumnavigated. Yet one vexing puzzle remained unsolved: what was the source of the mighty Nile river? Aiming to settle the mystery once and for all, Great Britain called upon its legendary explorer, Dr. David Livingstone, who had spent years in Africa as a missionary. In March 1866, Livingstone steered a massive expedition into the heart of Africa. In his path lay nearly impenetrable, uncharted terrain, hostile cannibals, and deadly predators. Within weeks, the explorer had vanished without a trace. Years passed with no word.

While debate raged in England over whether Livingstone could be found—or rescued—from a place as daunting as Africa, James Gordon Bennett, Jr., the brash American newspaper tycoon, hatched a plan to capitalize on the world's fascination with the missing legend. He would send a young journalist, Henry Morton Stanley, into Africa to search for Livingstone. A drifter with great ambition, but little success to show for it, Stanley undertook his assignment with gusto, filing reports that would one day captivate readers and dominate the front page of the *New York Herald*.

Tracing the amazing journeys of Livingstone and Stanley in alternating chapters, author Martin Dugard captures with breathtaking immediacy the perils and challenges these men faced. Woven into the narrative, Dugard tells an equally compelling story of the remarkable transformation that occurred over the course of nine years, as Stanley rose in power and prominence and Livingstone found himself alone and in mortal danger. The first book to draw on modern research

and to explore the combination of adventure, politics, and larger-than-life personalities involved, *Into Africa* is a riveting read.

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Editorial Review

From Publishers Weekly

It is rare when a historical narrative keeps readers up late into the night, especially when the story is as well known as Henry Morgan Stanley's search for the missionary and explorer David Livingstone. But author and adventurer Dugard, who's written a biography of Capt. James Cook among other works, makes a suspenseful tale out of journalist Stanley's successful trek through the African interior to find and rescue a stranded Livingstone. Dugan has read extensively in unpublished diaries, newspapers of the time and the archives of Britain's Royal Geographical Society; he also visited the African locations central to the story. Together these sources enable him to re-create with immediacy the astounding hardships, both natural and manmade, that Africa put in the path of the two central characters. Dugard also presents thoughtful insights into the psychology of both Stanley and Livingstone, whose respective responses to Africa could not have differed more. Stanley was bent on beating Africa with sheer force of will, matching its brutality for brutality, while Livingstone, possessed of spirituality and a preternatural absence of any fear of death, responded to the continent's harshness with patience and humility. Descriptions of the African landscape are vivid, as are the descriptions of malaria, dysentery, sleeping sickness, insect infestations, monsoons and tribal wars, all of which Stanley and Livingstone faced. More disturbing, however, is Dugard's depiction of the prosperous Arab slave trade, which creates a sense of menace that often reaches Conradian intensity. This is a well-researched, always engrossing book.

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From School Library Journal

Adult/High School—A superb tale of adventure, heroism, and suffering. Dugard provides essential background information between generous servings of heart-pounding excitement. The story begins in the spring of 1866 as David Livingstone was leaving Zanzibar for Mikindany to begin his search for the source of the Nile. Meanwhile, Henry Stanley, an unremarkable freelance writer, embarked on his own adventure, a journey east from Colorado that began by rafting the South Platte River. He hoped for a career as a newspaper reporter in New York. The activities of each man are described in alternate chapters. Rich biographical detail contributes to readers' understanding of the men's backgrounds and characters. This is not a tale for the squeamish: exhausted men slogging through fetid swamps succumb to horrifying diseases; roving bandits mutilate and devour their captives. Using the men's detailed journals, the archives of the Royal Geographic Society, newspaper reports, an impressive collection of secondary sources, and a few black-and-white photographs, the author provides readers with a picture of the time that is as compelling as the story of the search. Details about the role of newspapers, the management of ships, the debates about slavery, and many other topics enrich this book. The volume ends with the burial of Livingstone in Westminster Abbey, but an epilogue provides brief notes on the remainder of the lives of the other major figures in the story.

Kathy Tewell, Chantilly Regional Library, VA

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From Library Journal

An adventurer himself (he's coauthor of the best-selling *Survivor*), Dugard tells the greatest adventure story of them all.

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Users Review

From reader reviews:

George Nygaard:

Now a day people that Living in the era exactly where everything reachable by connect to the internet and the resources in it can be true or not involve people to be aware of each facts they get. How individuals to be smart in having any information nowadays? Of course the answer is reading a book. Reading a book can help folks out of this uncertainty Information specifically this Into Africa: The Epic Adventures of Stanley and Livingstone book since this book offers you rich info and knowledge. Of course the info in this book hundred % guarantees there is no doubt in it you know.

Martha Doughty:

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Benjamin White:

Playing with family inside a park, coming to see the sea world or hanging out with close friends is thing that usually you will have done when you have spare time, in that case why you don't try thing that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Into Africa: The Epic Adventures of Stanley and Livingstone, you are able to enjoy both. It is great combination right, you still wish to miss it? What kind of hangout type is it? Oh seriously its mind hangout fellas. What? Still don't understand it, oh come on its known as reading friends.

James Gardner:

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