



Leadership and Self-Deception: Getting Out of the Box

By Arbinger Institute

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Leadership and Self-Deception: Getting Out of the Box By Arbinger Institute

You might think you are a people person. But do you really treat others well? And how can you improve your dealings with those around you? Be prepared to have your world turned upside down and open your eyes to a whole new way of living and working. Through a series of entertaining stories, this astonishing book will show you how most of us are not fulfilling our potential - in our personal lives and at work - because of 'self-deception'. It will show you how to escape your box of self-deception, and change for the better in a lasting way: * Don't focus on what others are doing wrong. Do focus on what you can do to help * Don't worry whether others are helping you. Do worry whether you are helping others * Don't try to be perfect. Do try to be better. By following this book's advice, you can deepen your personal happiness, strengthen your relationships, improve your leadership skills, build teamwork - and increase your success in everything you choose to pursue.

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Leadership and Self-Deception: Getting Out of the Box By Arbinger Institute Bibliography

- Sales Rank: #1906754 in Books
- Brand: Brand: Penguin Group(CA)
- Published on: 2007-06-01
- Original language: English
- Number of items: 1
- Dimensions: 7.80" h x .43" w x 5.08" l, .33 pounds
- Binding: Paperback
- 192 pages

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