



Epic Measures: One Doctor. Seven Billion Patients.

By Jeremy N. Smith

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Moneyball meets medicine in this remarkable chronicle of one of the greatest scientific quests of our time—the groundbreaking program to answer the most essential question for humanity: how do we live and die?—and the visionary mastermind behind it.

Medical doctor and economist Christopher Murray began the Global Burden of Disease studies to gain a truer understanding of how we live and how we die. While it is one of the largest scientific projects ever attempted—as breathtaking as the first moon landing or the Human Genome Project—the questions it answers are meaningful for every one of us: What are the world’s health problems? Who do they hurt? How much? Where? Why?

Murray argues that the ideal existence isn’t simply the longest but the one lived well and with the least illness. Until we can accurately measure how people live and die, we cannot understand what makes us sick or do much to improve it. Challenging the accepted wisdom of the WHO and the UN, the charismatic and controversial health maverick has made enemies—and some influential friends, including Bill Gates who gave Murray a \$100 million grant.

In *Epic Measures*, journalist Jeremy N. Smith offers an intimate look at Murray and his groundbreaking work. From ranking countries’ healthcare systems (the U.S. is 37th) to unearthing the shocking reality that world governments are funding developing countries at only 30% of the potential maximum efficiency when it comes to health, *Epic Measures* introduces a visionary leader whose unwavering determination to improve global health standards has already changed the way the world addresses issues of health and wellness, sets policy, and distributes funding.



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Download and Read Free Online **Epic Measures: One Doctor. Seven Billion Patients.** By **Jeremy N. Smith**

Editorial Review

Review

“*Epic Measures* is a fantastic read.” (Bill Gates)

“Jeremy Smith’s engaging story of a man obsessed with the numbers, and the mortal dramas they tell, reads like a novel and is better than any textbook or survey of this planet’s health.” (Paul Farmer, Co-Founder of Partners In Health and Co-Chair of the Department of Global Health and Social Medicine at Harvard Medical School)

“*Epic Measures* is a story of people who believed...that what needed to be done could be done. It’s exciting, well-crafted, and inspirational. Like *The Social Network* but actually important. Saving a million lives isn’t cool. Y’know what’s cool? Saving a billion lives.” (Hank Green, co-creator and co-host of Crash Course and SciShow)

“Jeremy Smith tells an inspiring story of how a simple idea, conceived logically and pursued with grit, can greatly improve the human condition.” (Edward O. Wilson, University Professor Emeritus, Harvard University)

“This book is a crash course in global health mixed with a thriller and a biography. And my goodness, what a made-for-Hollywood character at its core—a brilliant but bristly scientist out to revolutionize the way we conceive healthcare.” (A. J. Jacobs, author of *Drop Dead Healthy* and *The Year of Living Biblically*)

“Reading *Epic Measures* is like spending time with Chris Murray—an intense intellectual treat, the sense of participating in something important, and the thrill of a riveting adventure. For more realism, I recommend reading this book while biking up or skiing down a terrifyingly steep mountain slope.” (Gary King, Director of the Institute for Quantitative Social Science, Harvard University)

“Bold, brash, and brilliant.... In *Epic Measures*, Jeremy Smith tells a compelling story of the man who led a group of like-minded collaborators, inspired a legion of followers, irritated the establishment, and changed the way the world thinks about health and disease.” (Harvey V. Fineberg, President, Gordon and Betty Moore Foundation)

“The Global Burden of Disease Study is not only an epic dataset, but also an epic human story.... Through fine reporting and graceful writing, Jeremy Smith reveals the high-stakes story behind the numbers that are transforming global health. (Michelle Nijhuis, co-editor of *The Science Writers’ Handbook*)

“Remarkably entertaining... A giant compilation of ‘who knew?’” (Tina Rosenberg, *The New York Times* Opinionator)

“In public health it is said that what is measured gets done. But what if the measurements were all wrong? This book should be mandatory reading. While others on the beach may have been reading mysteries, I was turning the pages of a true thriller.” (Richard E. Besser, M.D., Chief Health and Medical Editor, ABC News)

“We’ve all heard about the rise of Big Data and how it will have big effects. Well, this is the ultimate Big Data project and it could indeed save lives and money-big time!” (Fareed Zakaria, CNN)

“A thumping narrative about trends shaping the future.” (Aaron Shulman, *The Los Angeles Review of Books*)

“An inspirational tale for everyone.” (Publishers Weekly)

“A fascinating account of a charismatic visionary.” (Kirkus Reviews)

“A page-turner that could radically change the way you view health.” (Joy Portella, President, Minerva Strategies)

From the Back Cover

Moneyball meets medicine in this remarkable chronicle of one of the greatest scientific quests of our time and the visionary mastermind behind it.

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Told with novelistic verve by acclaimed journalist Jeremy N. Smith, the story of Murray's lifelong determination to understand how we live and die encompasses wars and famines, presidents and activists, billionaires and billions of people worldwide living in poverty. It shows the human side of scientific revolutions and of revolutionary scientists—their breakthroughs and setbacks, their genius and their flaws, their champions and their critics—as they strive to bring the news of their findings to the world. This transformational effort is far from over, but the story of its genesis and impact is already an epic tale.

About the Author

Jeremy N. Smith has written for the *Atlantic*, *Discover*, and the *New York Times*, among many other publications, and has been featured by CNN, NPR, and *Wired*. His first book, *Growing a Garden City*, was one of *Booklist*'s top ten books on the environment for 2011. Born and raised in Evanston, Illinois, he is a graduate of Harvard College and the University of Montana. He lives in Missoula, Montana, with his wife and daughter.

Users Review

From reader reviews:

Curtis Russell:

This book untitled Epic Measures: One Doctor. Seven Billion Patients. to be one of several books this best seller in this year, that is because when you read this e-book you can get a lot of benefit on it. You will easily

to buy this kind of book in the book shop or you can order it through online. The publisher in this book sells the e-book too. It makes you quickly to read this book, as you can read this book in your Smartphone. So there is no reason for your requirements to past this publication from your list.

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Often the book Epic Measures: One Doctor. Seven Billion Patients. has a lot details on it. So when you make sure to read this book you can get a lot of help. The book was written by the very famous author. This articles author makes some research ahead of write this book. This specific book very easy to read you will get the point easily after reading this book.

Fernando Gallimore:

Precisely why? Because this Epic Measures: One Doctor. Seven Billion Patients. is an unordinary book that the inside of the book waiting for you to snap the item but latter it will distress you with the secret it inside. Reading this book alongside it was fantastic author who write the book in such incredible way makes the content within easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you because of not hesitating having this ever again or you going to regret it. This phenomenal book will give you a lot of rewards than the other book have such as help improving your proficiency and your critical thinking method. So , still want to hold off having that book? If I were being you I will go to the book store hurriedly.

Jacqueline Kellett:

Is it an individual who having spare time then spend it whole day by means of watching television programs or just resting on the bed? Do you need something totally new? This Epic Measures: One Doctor. Seven Billion Patients. can be the solution, oh how comes? A fresh book you know. You are therefore out of date, spending your free time by reading in this brand new era is common not a geek activity. So what these books have than the others?

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