



Food for Fifty (13th Edition)

By Mary K. Molt

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This classic book is the resource for learning how to prepare and serve quality food in quantity. From caterers to food service managers, this book provides a wide variety of reliable quantity recipes and methods for planning, selecting and preparing menus for all types of food services. With over 100 new recipes, updated tables, and information on the latest techniques, this edition addresses safety and economic concerns, as well as the dining trends and expectations of today's consumer. Some new features include:

- **New! Over 100 new recipes and recipe revisions.**
- **New! Updated charts and tables. New! Expanded section on ways to make recipes more healthy.**
- **New! Updated information on menu planning for special meals, events and receptions.**
- **New! Updated information on recipe modification.**

For professionals in Quantity Food Production and Foodservice Management.

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Editorial Review

From the Publisher

For sixty years, for thousands of students, this excellent quantity food production book has carried on a tradition of clearly explaining the full range of procedures and techniques involved in large-scale food preparation. In the Tenth Edition, the tradition continues with coverage expanded to reflect trends in tastes, the growing interest in nutritional values, and the increased call for catering and party service by food service organizations. In addition to basic information, guidelines, and generally accepted methods of food preparation, *Food for Fifty*, Tenth Edition, includes over 400 fully-tested recipes for everything from main dishes to desserts, plus formulas for staples, guidelines for menu planning, roasting and cooking timetables, specifics of food quality standards, service requirements and table setting diagrams, wine selection guidelines, and recipe/measurement conversion tables.

From the Back Cover

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About the Author

Mary Molt, Ph.D., R.D., L.D., is assistant director of Housing and Dining Services and assistant professor of Hotel, Restaurant, Institution Management, and Dietetics (HRIMD), Kansas State University. She holds a bachelor's degree from the University of Nebraska-Kearney, a master's degree from Oklahoma State University, and a Ph.D. from Kansas State University. Dr. Molt has 31 years of professional experience at Kansas State University, with a joint appointment in academe and food service administration. Current responsibilities include team teaching Food Production Management, assisting with supervised practice experiences for senior students in Dietetics, and directing management activities for three residence hall dining centers serving more than 8,000 meals per day. Dr. Molt is active in the American Dietetic Association, Kansas Dietetic Association, and the National Association of College and University Food Services (NACUFS). Twice she was recognized with the NACUFS Richard Lichtenfels Award for outstanding service to the association. In 1995, Dr. Molt received the Theodore W. Minah Award, the highest honor given by NACUFS, for exceptional contribution to the food service industry. The Award For Excellence in the Practice of Management was given to Dr. Molt in 1997 by the American Dietetic Association. She serves on several University committees, advises students in *Kappa Omicron Nu*, and holds membership in several honor societies including *Kappa Omicron Nu*, *Delta Kappa Gamma*, *Phi Upsilon Omicron*, and *Phi Kappa Phi*.

Users Review

From reader reviews:

Alfred Cox:

Spent a free time for you to be fun activity to accomplish! A lot of people spent their down time with their family, or their own friends. Usually they accomplishing activity like watching television, planning to beach, or picnic within the park. They actually doing same thing every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? Can be reading a book may be option to fill your free of charge time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to try out look for book, may be the e-book untitled Food for Fifty (13th Edition) can be excellent book to read. May be it could be best activity to you.

Jeannette Coleman:

A lot of people always spent their own free time to vacation or even go to the outside with them family or their friend. Do you realize? Many a lot of people spent these people free time just watching TV, as well as playing video games all day long. If you want to try to find a new activity here is look different you can read the book. It is really fun to suit your needs. If you enjoy the book that you just read you can spent all day every day to reading a e-book. The book Food for Fifty (13th Edition) it is rather good to read. There are a lot of people who recommended this book. These were enjoying reading this book. If you did not have enough space to bring this book you can buy often the e-book. You can m0ore very easily to read this book through your smart phone. The price is not to fund but this book offers high quality.

Many Shirley:

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William Culley:

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