



## **Celtic Designs Coloring Book for Adults: 200 Celtic Knots, Crosses and Patterns to Color for Stress Relief and Meditation [Art Therapy Coloring Book Series, Volume Three] (Volume 3)**

*By The Mindful Word*

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**Celtic Designs Coloring Book for Adults: 200 Celtic Knots, Crosses and Patterns to Color for Stress Relief and Meditation [Art Therapy Coloring Book Series, Volume Three] (Volume 3) By The Mindful Word**

**This current edition has been updated to correct formatting errors that occurred on first printing. Any customers who purchased the first printing can contact us for a replacement ([www.themindfulword.org/contact](http://www.themindfulword.org/contact)). This coloring book features:**

- 200 Celtic designs to color! Celtic Knots, Celtic Crosses and other beautiful Celtic art patterns with a mix of intricate and basic designs.
- Introductions to Celtic art and art therapy, written by an art therapist
- Designs are printed on individual sheets to reduce bleed through
- Some pages have one large design to a page, some have multiple smaller designs per page
- Bright white color paper
- Perfect-bound glossy softcover (10 pt)

Celtic art is known for its strong use of geometrical decorations, its sense of balance and powerful symbols. It can be found all over the world (largely on people's bodies as tattoos), but particularly in the Celtic nations, such as Britain, Scotland and Ireland.

Celtic Designs Coloring Book for Adults contains a broad range of different Celtic design patterns, from the Celtic Cross to Celtic Knot (and its variations, such as the Celtic Love Knot).

Use the 200 Celtic designs in this coloring book to inspire your creativity, reduce your stress levels and center yourself in meditation.

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### **Editorial Review**

#### **Review**

"One of my favorite coloring books. I gave one to each of my grandkids and they all liked them." - Bisqit  
"Very nice variety of designs, most with intermediate level of detail. Pages are suitable for colored pencil or marker." - Samantha Dunahue  
"I love the designs, they are so peaceful and calming to color." - Sherry Albrecht

#### **About the Author**

The Mindful Word ([www.themindfulword.org](http://www.themindfulword.org)) is a journal of engaged living featuring a mix of thought-provoking articles, actionable tips, insightful essays and entertaining fiction. Topics covered include mindfulness, conscious living, spirituality, wholistic health and travel-living. In addition to its daily offerings online, The Mindful Word publishes a range of useful books, including writing journals, drawing books and art therapy books. Visit <http://www.themindfulword.org/book-shop> to browse our full catalog.

### **Users Review**

#### **From reader reviews:**

##### **James Jackson:**

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##### **Julie Ross:**

Reading a guide tends to be new life style in this particular era globalization. With examining you can get a lot of information which will give you benefit in your life. Together with book everyone in this world can easily share their idea. Textbooks can also inspire a lot of people. A great deal of author can inspire their reader with their story as well as their experience. Not only the storyplot that share in the guides. But also they write about advantage about something that you need example of this. How to get the good score toefl, or how to teach your children, there are many kinds of book that exist now. The authors on earth always try to improve their proficiency in writing, they also doing some study before they write on their book. One of them is this Celtic Designs Coloring Book for Adults: 200 Celtic Knots, Crosses and Patterns to Color for Stress Relief and Meditation [Art Therapy Coloring Book Series, Volume Three] (Volume 3).

**Edward Roth:**

Typically the book Celtic Designs Coloring Book for Adults: 200 Celtic Knots, Crosses and Patterns to Color for Stress Relief and Meditation [Art Therapy Coloring Book Series, Volume Three] (Volume 3) has a lot of knowledge on it. So when you make sure to read this book you can get a lot of advantage. The book was compiled by the very famous author. Mcdougal makes some research ahead of write this book. This specific book very easy to read you may get the point easily after reading this article book.

**David Burch:**

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