



# General Practice - Inkling: The Integrative Approach

By Kerryn Phelps, Craig Hassed

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**General Practice - Inkling: The Integrative Approach** By Kerryn Phelps, Craig Hassed

**A comprehensive medical textbook taking a holistic approach to contemporary general practice**

This e-book takes an integrative approach to the diagnosis, investigation and management of health issues in the general practice environment.

*General Practice: The integrative approach* e-book version covers the philosophy underpinning modern-day general practice, including primary and secondary prevention as well as acute and chronic disease management.

This comprehensive e-book informs doctors of potential treatment and prevention options, as well as possible pitfalls, according to the growing integrative medicine evidence base.

The first section of *General Practice: The integrative approach* e-book lays the foundations of integrative medicine while the second examines important medical conditions in a systems-based approach.

Each chapter in this valuable health resource outlines required medical and consulting knowledge, while discussing physiology and pharmacological management plans of systems-based conditions.

An evidence-based discussion of the available therapeutic options for the treatment of associated factors follows. This helps medical practitioners adapt their approach for individual patient needs.

*General Practice: The integrative approach* e-book features contributions from experts in Chinese medicine, herbal medicine, nutritional medicine, naturopathy, and exercise therapy - all of whom incorporate their expertise into management plans that utilise multiple therapeutic modalities to achieve the best clinical outcome.

- incorporates evidence-based and safe therapies including conventional medical

care, lifestyle interventions and complementary therapies

- is directed at best practice rather than alternative practice
- focuses on prevention and health promotion
- a symptomatic layout matching the approach of contemporary medical curriculum
- each therapeutic modality and therapeutics contributor is coded with an icon for easy modality reference
- a unique chapter covering medico-legal issues
- a ready reference herb/drug interaction chart
- expert authors include Dr Kerryn Phelps, well-known Australian medical practitioner and President of the Australasian Integrative Medicine Association (AIMA)

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