



# How Doctors Think: Clinical Judgment and the Practice of Medicine

By Kathryn Montgomery

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*How Doctors Think* defines the nature and importance of clinical judgment. Although physicians make use of science, this book argues that medicine is not itself a science but rather an interpretive practice that relies on clinical reasoning. A physician looks at the patient's history along with the presenting physical signs and symptoms and juxtaposes these with clinical experience and empirical studies to construct a tentative account of the illness.

*How Doctors Think* is divided into four parts. Part one introduces the concept of medicine as a practice rather than a science; part two discusses the idea of causation; part three delves into the process of forming clinical judgment; and part four considers clinical judgment within the uncertain nature of medicine itself. In *How Doctors Think*, Montgomery contends that assuming medicine is strictly a science can have adverse side effects, and suggests reducing these by recognizing the vital role of clinical judgment.

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#### Review

"This is a book that will be read with pleasure by anyone interested in how medicine is done and it is a book that should be required reading for all students starting their clinical training."--*Journal of the Royal Society of Medicine*

"Montgomery has certainly written a piece that will stimulate people to think more deeply about medical and wider health professional practice. It is a text I will recommend to students and colleagues."--*PsycCRITIQUES*

#### About the Author

Kathryn Montgomery is at Northwestern University.

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