



Nothing Special

By Charlotte J. Beck, Steven A. Smith

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WHEN NOTHING IS SPECIAL, EVERYTHING CAN BE

The best-selling author of 'Everyday Zen' shows how to awaken to daily life and discover the ideal in the everyday, finding riches in our feelings, relationships, and work. 'Nothing Special' offers the rare and delightful experience of learning in the authentic Buddhist tradition with a wonderfully contemporary Western master.

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Editorial Review

Review

"Deep Wisdom; strong, clear, practical advice--wonderful common sense Zen." -- *Jack Kornfield, author of A Path with Heart*

"Joko Beck speaks from the timeless and the perennial, so her metaphors of ordinary things and everyday incidents illumine my mundane life. *Nothing Special* is Zen alive and how to live it." -- *Robert Aitken, author of Taking the Path of Zen*

About the Author

Charlotte Joko Beck, who passed away in 2011, was the founder and former head teacher at the Zen Center in San Diego.

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