



A Practical Guide to Chemical Peels, Microdermabrasion & Topical Products (Practical Guide To... (Lippincott))

By Rebecca Small MD FAAFP

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This third volume in the *Cosmetic Procedures* series details a broad array of minimally invasive cosmetic skin procedures. Regardless of your experience level with aesthetic medicine, this reference delivers useful facts and procedural guidance readers can apply directly to daily practice. Content features step-by-step instructions for chemical peels and other in-office exfoliation treatments and daily home skin care regimens to treat sun-damaged and prematurely aged skin, acne, rosacea, and hyperpigmentation.

Detailed coverage encompasses the basics of aesthetic medicine, including relevant anatomy, target regions, and areas to be avoided to help improve outcomes and minimize complication risks. Each chapter focuses on a skin care procedure or topical product regimen. Full-color design and illustrations boost understanding of each procedure and aid in retention of essential information. Step-by-step instructions guide readers through each procedure to rapidly acquire procedural skill. Convenient companion website includes videos that provide a surgeon's-eye-view of the procedures.

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- **Detailed coverage** encompasses the basics of aesthetic medicine, including relevant anatomy, target regions, and areas to be avoided to help improve outcomes and minimize complication risks.
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