



Lonely Planet Nepal (Travel Guide)

By Lonely Planet, Bradley Mayhew, Lindsay Brown, Stuart Butler

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*#1 best-selling guide to Nepal**

Lonely Planet Nepal is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Soak in the hustle-and-bustle of Kathmandu's Durbar Square, trek to the base of the world's highest mountain, or raft the rapids of the Bhote Kosi; all with your trusted travel companion. Get to the heart of Nepal and begin your journey now!

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- **Highlights and itineraries** help you tailor your trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sleeping, sight-seeing, going out, shopping, hidden gems that most guidebooks miss
- **Cultural insights** give you a richer, more rewarding travel experience - history, religion, art, literature, cinema, music, architecture, politics, landscapes, wildlife, environmental issues.
- **Over 11 colour maps**
- **Covers** Kathmandu, Kathmandu Valley & Around, Pokhara, The Terai & Mahabharat Range, and trekking, biking, rafting and kayaking routes and more

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Authors: Written and researched by Lonely Planet, Bradley Mayhew, Lindsay Brown and Stuart Butler.

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