



## The Enlightened Leader: An Introduction to the Chakras of Leadership

By Peter Ten Hoopen, Fons Trompenaars

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With the stunning public cases of leadership gone awry, the search is on for a type of leadership that incorporates human values in an otherwise exploitative business world. In this book, the authors take the scalpel and address deeply ingrained nefarious management theory, and show the way to healing, opening fresh fields of ambition, new degrees of passion, and creativity. A synthesis of the best Western thinking and Eastern wisdom teachings, the book introduces "The Chakras of Leadership," a model of leadership that differentiates seven levels of human energy use.

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### Editorial Review

#### From the Inside Flap

**SUPPORT FROM A GLOBAL LEADER:** Foreword written by Dr. Herman Wijffels, Executive Director of the World Bank

**GLOBALLY RECOGNISED SPEAKERS AND AUTHORS:** Fons Trompenaars has been named as one of the top 20 speakers by CSA, Europe's Leading Speaker Bureau. Fons has co-authored numerous top-selling books, such as *Riding the Wave of Culture*. Peter ten Hoopen is a global speaker for THT (Trompenaars Hampden-Turner Consulting)

**ONLINE COMPONENT TO SUPPORT THE BOOK:** The book is supported by a website [www.chakratest.org](http://www.chakratest.org) which allows readers to chart their own leadership qualities.

#### From the Back Cover

The stark cases of 'endarkened' leadership that we have seen in recent years force us to think of fundamental change. But these are merely the alarm bells. It is time now to pay attention to the causes, the underlying assumptions that have for so long remained unquestioned - and to a working alternative. The search is on for a type of leadership that incorporates not just material values, but human values as well. A type of leadership that goes beyond exploitation and personal greed, and that we may justly call 'enlightened'.

What would this leadership look like? How is it cultivated – in self and in others? And how do you make it work? In *The Enlightened Leader* corporate culture consultants Peter ten Hoopen and Fons Trompenaars, whose work for global organisations gives them unique insights into leadership across all cultures, take the scalpel to some deeply engrained, but nefarious management theory, and show the way to healing, opening fresh fields of ambition, new degrees of passion and creativity.

To promote the needed awareness, the authors introduce 'The Chakras of Leadership', a model of leadership that differentiates seven levels of human energy use. Inspired by Yoga philosophy, it serves a prism that makes us look at leadership from seven distinct perspectives. The companion Chakra Test at [www.chakratest.org](http://www.chakratest.org) profiles the extent to which the seven aspects of leadership are developed, whether positively or negatively. The visualisations give a nuanced overview of one's internal energy economy. The ideal is full spectrum energy expenditure, with all levels in harmony, and positive direction.

The authors' wealth of stories, sharp wit, and self-deprecating humour make *The Enlightened Leader* a challenging and inspiring read that has the capacity to be life changing.

A synthesis of the best western thinking about human motivation and eastern wisdom teachings, *The Enlightened Leader* is a profound exploration of the meaning of leadership. Anyone who is concerned with the deep roots of success in business will benefit from reading this pioneering book.

—John Gray, Emeritus Professor, London School of Economics

This book will certainly not convince everyone, nor should it, but it is a point of view worth to consider. It makes you think.

—Ben Verwaayen, CEO Alcatel-Lucent

Rarely do the worlds of business and spirituality come together. In this book, they blend wonderfully. The authors don't pretend to have all the answers but challenge you as a reader to seek your own. This is serious stuff AND it is sometimes hilarious to read. If you ever want to read a management book in bed, here is one.

—**Twan van de Kerkhof**, Managing Director European Leadership Platform, Chairman Foundation for European Leadership

The *Enlightened Leader* is probably the most important book on leadership of the year. A must read for everyone keen on sustainability and respect for humanity. A book that posits man as the end, not the means, informed by the consciousness that we are all intimately connected.

—**Albert de Booij**, Founder and CEO Speakers Academy

Our world needs and deserves sustainable leadership. This means changing business concepts, attitudes and leadership behaviour. I recommend *The Enlightened Leader* for both (future) leaders and teaching professionals.

—**Ivo Matser**, CEO TSM Business School

The time has come for humanity to make its mark. A time for people to be authentic and aspire to achieve their highest nature. A time for leaders, especially, to create the right environment and energy for this to happen and multiply. Thank you, to Peter and Fons, for this most important work at this most important time. This is a MUST read for all ready to embrace and support a changed and improved world.

—**Sandra Macleod**, Group Chief Executive, Echo Research

We have long thought that models and concepts of leadership can only be based on the ideas of the (European) Age of Enlightenment. Peter ten Hoopen and Fons Trompenaars show us older sources of inspiration and consciousness that really shed light on the essence of leadership.

—**Wessel Ganzevoort**, Professor Organisational Dynamics and Innovation, University of Amsterdam

This book is a wonderful guide for transformational leadership, wherein leaders and led transform each other and which instils a form of change that engages peoples' enduring needs. At last we encounter writers bold enough to address the ideal of enlightenment, an all-encompassing wisdom growing out of lives carefully examined.

—**Charles Hampden-Turner**, Author and Senior Research Associate at the Judge Business School at the University of Cambridge

## About the Author

**Peter ten Hoopen** is Senior Consultant at Trompenaars Hampden-Turner, one of the world's leading corporate culture consultancies. Rated in the Top 20 speakers by CSA, Europe's Leading Speaker Bureau and also highly rated by the All American Talent and Celebrity Network.

**Fons Trompenaars** is cofounder of Hampden-Turner. Fons is listed regularly as one of the world's most influential, living, management thinkers.

## Users Review

### From reader reviews:

#### **Breanne Gardner:**

Reading a book tends to be new life style in this particular era globalization. With studying you can get a lot

of information which will give you benefit in your life. With book everyone in this world can easily share their idea. Textbooks can also inspire a lot of people. A lot of author can inspire their own reader with their story or even their experience. Not only the storyline that share in the books. But also they write about the ability about something that you need case in point. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book that you can get now. The authors these days always try to improve their proficiency in writing, they also doing some analysis before they write to the book. One of them is this *The Enlightened Leader: An Introduction to the Chakras of Leadership*.

### **Kimberly Foust:**

Playing with family in a very park, coming to see the coastal world or hanging out with friends is thing that usually you could have done when you have spare time, in that case why you don't try matter that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love *The Enlightened Leader: An Introduction to the Chakras of Leadership*, you can enjoy both. It is excellent combination right, you still would like to miss it? What kind of hangout type is it? Oh can happen its mind hangout men. What? Still don't understand it, oh come on its known as reading friends.

### **Ana May:**

This *The Enlightened Leader: An Introduction to the Chakras of Leadership* is brand new way for you who has interest to look for some information mainly because it relief your hunger of knowledge. Getting deeper you into it getting knowledge more you know or you who still having little bit of digest in reading this *The Enlightened Leader: An Introduction to the Chakras of Leadership* can be the light food in your case because the information inside that book is easy to get by simply anyone. These books produce itself in the form and that is reachable by anyone, yes I mean in the e-book contact form. People who think that in publication form make them feel sleepy even dizzy this guide is the answer. So you cannot find any in reading a reserve especially this one. You can find what you are looking for. It should be here for you. So , don't miss the item! Just read this e-book kind for your better life in addition to knowledge.

### **Raymond Jackson:**

Many people said that they feel weary when they reading a publication. They are directly felt the idea when they get a half portions of the book. You can choose the actual book *The Enlightened Leader: An Introduction to the Chakras of Leadership* to make your current reading is interesting. Your current skill of reading proficiency is developing when you like reading. Try to choose basic book to make you enjoy to learn it and mingle the feeling about book and looking at especially. It is to be very first opinion for you to like to open up a book and examine it. Beside that the book *The Enlightened Leader: An Introduction to the Chakras of Leadership* can to be your new friend when you're truly feel alone and confuse in what must you're doing of the time.

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