



Down Into Up: Navigating the Energies of Ascension

By Karen Bishop



Down Into Up: Navigating the Energies of Ascension By Karen Bishop

The earth is in a newly accelerated process of evolving into a new reality with love and spirituality at its core. Down Into Up will guide you through this challenging and at times very confusing process. You will learn about the shifting of the planetary energies, why these shifts occur when they do, and how they may make you feel. You will learn about the progress we have made, why things have unfolded as they have, and why so many are having physical ailments. Down Into Up will also give you a snapshot of the ladder of higher dimensions as we continue to climb, along with what it will be like living in the energies of a very spiritual planet with God and the heart at its core. You will be shown how the road to get there begins to change, how to find guidance when there is none, and why you may be feeling left out, disconnected and alone along the way. A tool for support, Down Into Up will bring you comfort and assurance in these rocky and uncertain times.

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Editorial Review

About the Author

Karen Bishop has been writing about the ascension process for over ten years with thousands of readers across the globe. The author of ten books and hundreds of articles, she has also been a guest on numerous radio programs. Now branching into fiction with a God-centered theme for both adults and children alike, you may find all of her writings, past and present, at gamabooks.com.

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