



The Clinician's Handbook: Integrated Diagnostics, Assessment, and Intervention in Adult and Adolescent Psychopathology

By Robert G. Meyer

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The Clinician's Handbook is the only book currently available that truly integrates three distinct but necessarily related considerations - 1) behavioral descriptors and diagnostic issues, (2) test correlates, and 3) intervention options. The book links common symptoms, personality styles, test patterns, and treatment recommendations with the major psychodiagnostic categories that clinicians use every day. This synthesis is based on the assumptions that a multimodal treatment is almost always the optimal approach, that virtually all theories and schools of thought are useful to some degree, and that a major challenge in modern treatment is determining the best fit of client type with treatment type. Because of what this book does, it is an invaluable resource for practitioners and, at the same time, a fine textbook for psychodiagnostic courses that emphasize clinical practice.

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