



Power Freaks: Dealing With Them in the Workplace or Anyplace

By David L. Weiner

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Best-selling psychology author David L. Weiner reveals the personalities behind the facades of "power freaks." Coming in many guises - including the business psychopath (who may be working down the hall from you), the arrogant and status-obsessed, the messianic, and the perfectionist - they are all driven by an irrational need to dominate and to enhance their status, regardless of the consequences to others. In this well-researched and insightful guide to handling power-crazed individuals who create havoc at work and at home, Weiner explains why they act the way they do and what you can do to prevent them from making your life a living hell!

Power Freaks includes a power quiz to help you assess your own instinctual drive for power, plus an interactive web site that allows you to compare this side of your personality to that of other respondents. Finally, it teaches you how to recognize such potentially destructive people in your life and, most importantly, helps you to develop a strategy to deal with them. In a competitive world, increasingly dominated by intense corporate cultures, this brilliant study in organizational psychology will help you swim safely through shark-infested waters.

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Editorial Review

From Publishers Weekly

So many offices have a boss who seems to find pleasure in humiliating workers or a manipulating employee who sabotages coworkers behind their backs. These kinds of people come in many disguises (there's the business psychopath, the perfectionist, etc.) and can make working difficult and frustrating. Psychology writer David L. Weiner has penned *Power Freaks: Dealing with Them in the Workplace or Anyplace*, an analysis of why people act this way, how to recognize them and how to develop a strategy for getting along with them. He also includes a quiz to help readers assess their own instinctual drive for power.

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Review

"...more than just a book, it is a tool for survival...a must-read" -- *Chicago Defender*, September 30, 2003

"Thoroughly researched and notated ... an interesting, accessible book for anyone who wants to understand the dynamics of social power." -- *Oakland Press*, December 22, 2002

"takes no prisoners, lays it on the line, and is ... helpful to a lot of people who truly need it." -- *The Courier-Gazette*, January 23, 2003

About the Author

David L. Weiner (Chicago, IL) is author of the psychology bestseller *Battling the Inner Dummy: The Crazyess of Apparently Normal People*, *Power Freaks: Dealing with Them in the Workplace or Anyplace*, and *Reality Check: What Your Mind Knows, but Isn't Telling You*. He is also on the external board of advisers of the HealthEmotions Research Institute of the University of Wisconsin, and is the founder and CEO of Marketing Support, Inc., a \$100-million marketing agency with clients including IBM, Motorola, Home Depot, Xerox, and many other Fortune 500 companies.

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