



The 7 Habits of Highly Effective Teens Workbook

By Sean Covey

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The 7 Habits of Highly Effective Teens Workbook By Sean Covey

This hands-on personal workbook companion to the bestselling *The 7 Habits of Highly Effective Teens* provides engaging activities to help teens understand and apply the power of the 7 Habits. Sean Covey's *The 7 Habits of Highly Effective Teens* has sold more than 2 million copies to date and helped countless teens make better decisions and improve their sense of self-worth. Now, in the same fun and entertaining style, *The 7 Habits of Highly Effective Teens Personal Workbook* allows teens to build on the principles of the 7 Habits through various thought-provoking exercises. Whether they are already familiar with Covey's Habits or are newcomers to his path to teenage success, teens can immerse themselves in this personal workbook at their own pace and benefit from its positive messages and lessons in their own way. In this interactive volume, teens will find in-depth tools to improve self-esteem, build friendships, resist peer pressure, achieve goals, get along with parents, and strengthen themselves in many other areas.

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Editorial Review

About the Author

Sean Covey, Executive Vice President of Innovation for FranklinCovey Corp., directed the development project that produced the 4 Disciplines of Execution. He is author of the international bestseller The 7 Habits of Highly Effective Teens, having sold more than 4 million copies and translated into more than 20 languages. As director of FranklinCovey's education practice, he travels the world teaching transformative strategy and execution to education leaders. An MBA from Harvard, he is the son of Dr. Stephen R. Covey, author of The 7 Habits of Highly Effective People.

Users Review

From reader reviews:

Jamie Hernandez:

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