



Coming Home to Passion: Restoring Loving Sexuality in Couples with Histories of Childhood Trauma and Neglect (Sex, Love, and Psychology)

By Ruth Cohn

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This book offers a detailed road map for overcoming sexual and relationship impasses originating from painful childhood experiences.

- Provides a manual of ten sequential, structured activities that can guide readers in their concrete work on relationships and sexuality
- Illustrates dynamics painfully familiar to readers with numerous stories of real-life case examples
- A bibliography recommends additional reading as well as references and other resources

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Review

"A powerful must-read based on years of research, clinical experience, and riches of the heart, this is a comprehensive work you'll refer to again and again. *Coming Home to Passion* gives you compassion and competence to manage the most difficult of life's challenges." --Pat Love, Ed.D., author of *The Truth About Love*, 11/1/2010

"I highly recommend this as an insightful and incisive book that describes trauma and its consequences in new and original ways." --Bessel van der Kolk MD, Medical Director, Trauma Center at JRI, Brookline, MA, 11/1/2010

"This book will give you what other books don't--the understanding of why, despite going to therapists or reading other books, you haven't been able to get out of the 'same old loop' with your partner. I use it in my own work with couples and it is required reading in my sex therapy graduate courses." --Sallie Foley, sex therapist and author of *Sex Matters for Women* and *Sex and Love for Grown-ups*, 11/5/2010

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About the Author

Ruth Cohn, MA, is a licensed marriage and family therapist and certified sex therapist.

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