



# Design and Deliver: Planning and Teaching Using Universal Design for Learning

*By Loui Lord Nelson Ph.D.*

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## **Design and Deliver: Planning and Teaching Using Universal Design for Learning** By Loui Lord Nelson Ph.D.

Universal Design for Learning is the best way to teach all students effectively—but how can a busy teacher get started with UDL right now? Answers are in this vibrant, research-based guidebook, created by seasoned teacher and former UDL Coordinator Loui Lord Nelson. K-12 educators will learn how to use the three key principles of UDL—Engagement, Representation, and Action & Expression—to present information in multiple ways and meet the needs of diverse learners. Written in first person, like a face-to-face talk with a passionate educator, the book gives teachers a reader-friendly UDL primer and a practical framework for implementation, with detailed guidelines on lesson planning and checkpoints that help them stay on track.

### **USE UDL PRINCIPLES TO HELP STUDENTS:**

- sharpen executive function skills, such as goal-setting and strategy development
- improve comprehension and information processing
- stay engaged during lessons and overcome distractions
- communicate effectively using multiple tools, including both high and low/no technology options
- develop self-regulation and self-assessment skills
- sustain effort and persistence
- increase autonomy
- show what they know through flexible, individualized assessment options

**PRACTICAL MATERIALS:** Diverse examples of successfully using UDL across grades, sample assignments and activity ideas, and helpful tips and personal reflections from teachers and administrators.

**Videos included online!** Watch 16 short clips with UDL tips from experienced educators: [www.brookespublishing.com/nelson-videos](http://www.brookespublishing.com/nelson-videos)

**ENHANCED E-BOOK VERSION AVAILABLE!** The full-color e-book includes 16 embedded video clips of teachers and administrators offering tips on key UDL topics, such as choosing goals, promoting executive function, recruiting student interest, and helping students generalize new skills.

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### **Editorial Review**

#### **Review**

“Explains UDL in a straightforward, user-friendly, easily understood manner . . . inspires the reader to begin incorporating the UDL principles, guidelines, and checkpoints immediately to reach all learners.”

(Amy Fuller, Ed.S.)

#### **About the Author**

**Loui Lord Nelson, Ph.D.**, is a consultant specializing in universal design for learning (UDL). She recently completed a 1-year postdoctoral fellowship through Boston College and CAST. She has focused on K–12 professional development and systems change design and is conducting research in both areas. Prior to this experience, she was the Coordinator of UDL in Bartholomew Consolidated School Corporation in Columbus, Indiana, for four years. Loui began her career as an eighth-grade collaborative teacher in Indiana and then expanded her work to focus on the needs of individuals with intellectual and developmental disabilities in the postsecondary setting and the families of those individuals. Her work is constantly informed by the lifespan experiences of these individuals.

David H. Rose is the Founder and Chief Education Officer of CAST.

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