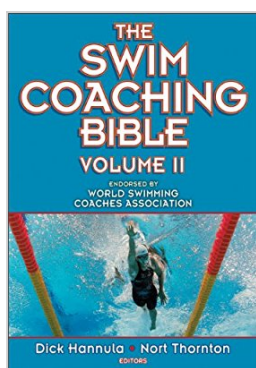


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By Dick Hannula, Nort Thornton

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Swim Coaching Bible, Volume II, The By Dick Hannula, Nort Thornton

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- George Block
- Mike Bottom
- Bob Bowman
- Sid Cassidy
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- Bill Rose
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From developing swimmers to building a winning program, teaching the nuances and refining stroke techniques to applying the latest research to training and conditioning programs, it's all here.

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