



The Secrets to Stepfamily Success

By Gloria Lintermans

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“[Secrets for Stepfamily Success] is the most thorough work on stepfamilies I have seen . . . a handbook of great value for both professionals and stepfamily members in navigating the complex territory of stepfamily life.”—Joan Sarin, M.S., Founder, Stepfamily Solutions (www.StepmomSOS.com)

“This book is a valuable resource that I will recommend to everyone I meet who is either divorced and starting a new relationship or who is already part of a stepfamily.” —Natalie Franklin, Administrator, Life in a Blender

“This is probably the most comprehensive book I've read in a very long time. . . . easy to read and to understand. I can definitely see this as a great tool for professionals working with stepfamilies as well and individuals and couples contemplating forming one.”—Claudette L. Chenevert, Stepfamily Life Coach, Coaching Steps LLC

“Secrets to Stepfamily Success will certainly lead to positive change in step and blended family members' lives. Not only is it rich with valuable tools, learnable skills, and resources to enable a successful remarriage, but it is also inspirational . . . For those who want a lasting and happy remarried life, this book is a must-read.”—Paula Bisacre, CEO, Remarriage LLC, Publisher, reMarriage Magazine, Creator, “On Remarriage” column in The Washington Times

THE SECRETS TO STEPFAMILY SUCCESS offers tools that can significantly lower the alarming 70% rate of step and blended family divorce, helping families evolve into highly nurturing, reliable refuges of warmth, safety, encouragement, strength, caring, and joy.

Step and blended families have a unique dynamic with which couples must cope, along with all the other normal challenges of life and marriage. See how these families differ in up to sixty structural and dynamic ways from typical intact biological families—including consisting of two co-parenting homes and ex-spouses—and learn how to successfully recognize and manage these challenges.

For most couples, trying to build a successful remarriage can mysteriously bring out their deepest personal fears, longings, shames, and hopes. The key to not only survival, but living this journey well, begins with discovering opportunities to heal and to succeed; it is not about blame or badness. With the right preparation

and resources, a multi-home step or blended family can be a stable and solid foundation for co-parents and children.

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