



What You Really Really Want: The Smart Girl's Shame-Free Guide to Sex and Safety

By Jaclyn Friedman

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In this empowering, accessible guide, Jaclyn Friedman—co-editor of *Yes Means Yes*—gives young women the tools to decipher the modern world's confusing, hypersexualized, sometimes dangerous landscape so they can define their own sexual identity. Friedman decries the hypocrisy and mixed messages of our culture (we're failures if we don't act sexy, but we're sluts if we actually pursue sex; we need to be protected from rapists lurking in bushes, but deserve “whatever we get” if we have a drink at a party and wear a skirt), and encourages readers to separate fear from fact, decode the damaging messages all around them, and discover a healthy personal sexuality.

Educational and interactive, *What You Really Really Want* includes revealing quizzes, creative exercises, and reality-based advice about sex and sexuality today. With Friedman's informed advice to guide them, readers will build new skills for safely expressing their sexuality with lovers and explore effective ways to talk about tricky issues with family and friends—and learn how to make the world a little safer for everyone else's sexuality along the way.

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Editorial Review

Review

"Don't have sex before you read this book! With her usual wit and candor, Friedman writes a manual for sex that teaches, engages, surprises and-most important-puts the reader in charge. *What You Really Really Want* will change the way a generation thinks (and acts!) about sex." —Jessica Valenti, author of *The Purity Myth*

"Too many books in this genre promise certain drive-your-man-wild tricks, or they take a side in the politicized debate over hookup culture. Friedman instead has one thing on her agenda: Getting girls to explore and embrace their own authentic sexual identities without shame, fear or guilt. Instead of arguing for empowerment through one-night stands or, conversely, abstinence, she leaves it up to young women to decide what it is that's best for them. But she also offers guidance along the way, urging them to critically examine the social pressures and media messages that have shaped their understandings of sexiness, sexual fulfillment and love." —*Salon.com*

"It is a book that many readers may wish they had read earlier in their lives, and as a prospective parent, I'm looking forward to making my children read every last word of it." —*Rabble.CA*

"While basically permissive, this valuable guide can also help readers with differing views to organize a personal groundwork according their own perspective. Recommended for women and older teens who seek self-insight." —*Library Journal*

In a world of Pussycat Dolls and virginity pledges, *What You Really Really Want* carves out a path for real women to have real sex on their own terms. The information and exercises in this book have the power to change your sex life for good." —Susie Bright, activist, author of *Big Sex Little Death*

"There is more significant, sex-positive, shame-free, life-changing knowledge in a few pages of this book than you'll find in the entire public school sex education curriculum." —Tristan Taormino, sex educator, author of *The Secrets of Great G-Spot Orgasms and Female Ejaculation*

Users Review

From reader reviews:

Janet Roldan:

Nowadays reading books become more and more than want or need but also be a life style. This reading routine give you lot of advantages. The advantages you got of course the knowledge your information inside the book this improve your knowledge and information. The data you get based on what kind of guide you read, if you want drive more knowledge just go with education and learning books but if you want feel happy read one together with theme for entertaining such as comic or novel. The particular *What You Really Really Want: The Smart Girl's Shame-Free Guide to Sex and Safety* is kind of book which is giving the reader erratic experience.

Raymond Blalock:

What You Really Really Want: The Smart Girl's Shame-Free Guide to Sex and Safety can be one of your nice books that are good idea. All of us recommend that straight away because this reserve has good vocabulary that may increase your knowledge in language, easy to understand, bit entertaining but delivering the information. The article writer giving his/her effort to set every word into delight arrangement in writing What You Really Really Want: The Smart Girl's Shame-Free Guide to Sex and Safety but doesn't forget the main level, giving the reader the hottest and also based confirm resource details that maybe you can be one among it. This great information can drawn you into new stage of crucial considering.

Amy Lewis:

This What You Really Really Want: The Smart Girl's Shame-Free Guide to Sex and Safety is brand-new way for you who has attention to look for some information given it relief your hunger details. Getting deeper you upon it getting knowledge more you know or perhaps you who still having small amount of digest in reading this What You Really Really Want: The Smart Girl's Shame-Free Guide to Sex and Safety can be the light food for you personally because the information inside this book is easy to get through anyone. These books produce itself in the form that is reachable by anyone, yes I mean in the e-book form. People who think that in book form make them feel sleepy even dizzy this e-book is the answer. So there is no in reading a reserve especially this one. You can find actually looking for. It should be here for you actually. So , don't miss this! Just read this e-book variety for your better life in addition to knowledge.

Theodore Rivas:

In this era which is the greater man or woman or who has ability to do something more are more precious than other. Do you want to become considered one of it? It is just simple method to have that. What you must do is just spending your time not much but quite enough to get a look at some books. One of several books in the top list in your reading list is definitely What You Really Really Want: The Smart Girl's Shame-Free Guide to Sex and Safety. This book that is certainly qualified as The Hungry Slopes can get you closer in becoming precious person. By looking upwards and review this book you can get many advantages.

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