

Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants

By Gianluca Toro, Benjamin Thomas

Download now

Read Online ➔

Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants By Gianluca Toro, Benjamin Thomas


The first comprehensive guide to oneirogens--naturally occurring substances that induce and enhance dreaming

- Includes extensive monographs on dream-enhancing substances derived from plant, animal, and human sources
- Presents the results of scientific experiments on the effects of using oneirogens
- Shows how studies in this area of ethnobotany can yield a scientific understanding of the mysterious mechanism of dreams

Oneirogens are plant and animal substances that have long been used to facilitate powerful and productive dreaming. From the beginning of civilization, dreams have guided the inner and outer life of human beings both in relation to each other and to the divine. For centuries shamans have employed oneirogens in finding meaning and healing in their dreams.

Drugs of the Dreaming details the properties and actions of these dream allies, establishing ethnobotanical profiles for 35 oneirogens, including those extracted from organic sources--such as *Calea zacatechichi* (dream herb or "leaf of the god"), *Salvia divinorum*, and a variety of plants from North and South America and the Pacific used in shamanic practices--as well as synthetically derived oneirogens. They explain the historical use of each oneirogen, its method of action, and what light it sheds on the scientific mechanism of dreaming. They conclude that oneirogens enhance the comprehensibility and facility of the dream/dreamer relationship and hold a powerful key for discerning the psychological needs and destinies of dreamers in the modern world.

↓ [Download Drugs of the Dreaming: Oneirogens: *Salvia divi ...pdf*](#)

 [Read Online Drugs of the Dreaming: Oneirogens: *Salvia di ...pdf*](#)

Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants

By Gianluca Toro, Benjamin Thomas

Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants By Gianluca Toro, Benjamin Thomas

The first comprehensive guide to oneirogens--naturally occurring substances that induce and enhance dreaming

- Includes extensive monographs on dream-enhancing substances derived from plant, animal, and human sources
- Presents the results of scientific experiments on the effects of using oneirogens
- Shows how studies in this area of ethnobotany can yield a scientific understanding of the mysterious mechanism of dreams

Oneirogens are plant and animal substances that have long been used to facilitate powerful and productive dreaming. From the beginning of civilization, dreams have guided the inner and outer life of human beings both in relation to each other and to the divine. For centuries shamans have employed oneirogens in finding meaning and healing in their dreams.

Drugs of the Dreaming details the properties and actions of these dream allies, establishing ethnobotanical profiles for 35 oneirogens, including those extracted from organic sources--such as *Calea zacatechichi* (dream herb or "leaf of the god"), *Salvia divinorum*, and a variety of plants from North and South America and the Pacific used in shamanic practices--as well as synthetically derived oneirogens. They explain the historical use of each oneirogen, its method of action, and what light it sheds on the scientific mechanism of dreaming. They conclude that oneirogens enhance the comprehensibility and facility of the dream/dreamer relationship and hold a powerful key for discerning the psychological needs and destinies of dreamers in the modern world.

Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants By Gianluca Toro, Benjamin Thomas **Bibliography**

- Sales Rank: #400939 in Books
- Published on: 2007-05-21
- Released on: 2007-05-21
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .50" w x 6.00" l, .49 pounds
- Binding: Paperback
- 160 pages

 [**Download** Drugs of the Dreaming: Oneirogens: *Salvia divi ...pdf*](#)

 [**Read Online** Drugs of the Dreaming: Oneirogens: *Salvia di ...pdf*](#)

Editorial Review

Review

"In the end this short, though neatly presented, book is a fantastic introduction into the oneirogenic realm. This little researched area has been consolidated by the authors and provides a great start point for anyone interested in looking deeper into the production of their dreams via external chemical means." (*Psychedelic Press UK, January 2013*)

"Gianluca Toro and Benjamin Thomas have made an invaluable contribution to the literature on psychoactive substances by tackling the vast but hitherto neglected domain of the use of oneirogenic plants and drugs throughout history, around the world. Using a multidisciplinary approach that draws from ethnobotany, anthropology, medical research, chemistry, and the recorded experiences of "psychonauts" who have experimented with many of these compounds, they have compiled a rigorously researched, fascinating, exhaustive survey of the planet's oneirogens, ranging all the way from recently popularized herbs such as *Salvia divinorum* and *Calea zacatechichi* to ancient Egyptian, Greek, Celtic, Amazonian, African and medieval potions; to vitamins and hormones; to dream-inducing cheeses and fish species!

"The extensive lists of the world's known oneirogens and the generous bibliography are treasure troves in and of themselves. As the authors make clear, there is much we don't know about many of these tantalizing substances and the states they induce. In fact, this is really a nascent field, but this book marks a giant step forward in an exciting new front in the exploration of humanity's never-ending thirst for heightened states of consciousness. No one with a serious interest in the rich lore of psychotropic substances should be without this book." (*J. P. Harpignies, editor of Visionary Plant Consciousness*)

"I recommend [this book] for anyone who wants to learn more about plants, entheogens, or the neurochemistry of the body." (*Taylor Ellwood, New Witch, No. 17, Summer 2008*)

From the Back Cover

VISIONARY PLANTS / DREAMS

"Gianluca Toro and Benjamin Thomas have made an invaluable contribution to the literature on psychoactive substances with their rigorously researched and fascinating survey of the planet's oneirogens. This book marks a giant step forward in an exciting new front of humanity's exploration of heightened states of consciousness. No one with a serious interest in the rich lore of psychotropic substances should be without this book."

--J. P. Harpignies, editor of *Visionary Plant Consciousness*

Oneirogens are plant and animal substances that have long been used to facilitate powerful and productive dreaming. From the beginning of civilization, dreams have guided the inner and outer life of human beings both in relation to each other and to the divine. For centuries shamans have employed oneirogens in finding meaning and healing in their dreams. *Drugs of the Dreaming* details the properties and actions of these dream allies, establishing ethnobotanical profiles for thirty-five oneirogens, including those extracted from organic sources--such as *Calea zacatechichi* (dream herb or "leaf of the god"), *Salvia divinorum*, and a variety of plants used in shamanic practices--as well as synthetically derived oneirogens. They explain the historical use of each oneirogen, its method of action, and what light it sheds on the scientific mechanism of dreaming. They conclude that oneirogens enhance the comprehensibility and facility of the dream/dreamer

relationship and hold a powerful key for discerning the psychological needs and destinies of dreamers today.

GIANLUCA TORO, an environmental chemist, is the author in Italian of *Animali Psicoattivi* [Psychoactive Animals] and numerous articles about naturally occurring and synthetic dream-enhancing agents. He lives in Italy. Benjamin Thomas is an independent researcher specializing in the effects of drugs and plant extracts on humans, particularly in Papua New Guinea. He lives in Australia.

About the Author

Gianluca Toro, an environmental chemist, is the author in Italian of *Animali Psicoattivi* (Psychoactive Animals) and numerous articles about naturally occurring and synthetic dream-enhancing agents. He lives in Italy. Benjamin Thomas is an independent researcher specializing in the effects of drugs and plant extracts on humans, particularly in Papua New Guinea. He has published many articles covering a wide range of subjects and lives in Australia.

Users Review

From reader reviews:

Susannah Williams:

Nowadays reading books become more than want or need but also work as a life style. This reading behavior give you lot of advantages. The benefits you got of course the knowledge the particular information inside the book which improve your knowledge and information. The knowledge you get based on what kind of e-book you read, if you want have more knowledge just go with schooling books but if you want feel happy read one together with theme for entertaining for instance comic or novel. The actual Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants is kind of guide which is giving the reader capricious experience.

Randy Acevedo:

This book untitled Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants to be one of several books in which best seller in this year, here is because when you read this e-book you can get a lot of benefit on it. You will easily to buy this book in the book store or you can order it by means of online. The publisher of this book sells the e-book too. It makes you more easily to read this book, as you can read this book in your Cell phone. So there is no reason for you to past this book from your list.

Laura Thibodeau:

People live in this new morning of lifestyle always try to and must have the extra time or they will get lot of stress from both everyday life and work. So , if we ask do people have spare time, we will say absolutely of course. People is human not really a robot. Then we inquire again, what kind of activity are you experiencing when the spare time coming to an individual of course your answer will probably unlimited right. Then do you ever try this one, reading guides. It can be your alternative with spending your spare time, typically the book you have read is usually Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants.

Kyra Franson:

In this period globalization it is important to someone to receive information. The information will make you to definitely understand the condition of the world. The fitness of the world makes the information much easier to share. You can find a lot of referrals to get information example: internet, classifieds, book, and soon. You can view that now, a lot of publisher in which print many kinds of book. Often the book that recommended for you is *Drugs of the Dreaming: Oneirogens: Salvia divinorum* and Other Dream-Enhancing Plants this guide consist a lot of the information on the condition of this world now. This kind of book was represented how do the world has grown up. The dialect styles that writer use to explain it is easy to understand. Often the writer made some exploration when he makes this book. Honestly, that is why this book suitable all of you.

Download and Read Online *Drugs of the Dreaming: Oneirogens: Salvia divinorum* and Other Dream-Enhancing Plants By Gianluca Toro, Benjamin Thomas #HTC95VSJ1Q2

Read Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants By Gianluca Toro, Benjamin Thomas for online ebook

Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants By Gianluca Toro, Benjamin Thomas Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants By Gianluca Toro, Benjamin Thomas books to read online.

Online Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants By Gianluca Toro, Benjamin Thomas ebook PDF download

Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants By Gianluca Toro, Benjamin Thomas Doc

Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants By Gianluca Toro, Benjamin Thomas Mobipocket

Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants By Gianluca Toro, Benjamin Thomas EPub

HTC95VSJ1Q2: Drugs of the Dreaming: Oneirogens: *Salvia divinorum* and Other Dream-Enhancing Plants By Gianluca Toro, Benjamin Thomas