



Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series)

By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell

Download now

Read Online 

Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell

Written by experienced expeditioners, the handbook is organized in to eight main sections and includes information on fieldcraft, diagnosis and treatment of medical problems encountered during an expedition (divided anatomically), environmental hazards, crisis management and issues to be dealt with after returning home. It also covers basic information about how to plan for an expedition, how to keep the expedition members healthy, how to diagnose and manage their medical problems in remote environments and provide brief summaries of medical problems peculiar to different expedition environments.

This pocket-sized book contains all you need to know to minimise health risks, to protect your health and to deal with unexpected medical problems while you are travelling in remote, wilderness areas of the world.

 [Download Oxford Handbook of Expedition and Wilderness Medic ...pdf](#)

 [Read Online Oxford Handbook of Expedition and Wilderness Med ...pdf](#)

Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series)

By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell

Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell

Written by experienced expeditioners, the handbook is organized in to eight main sections and includes information on fieldcraft, diagnosis and treatment of medical problems encountered during an expedition (divided anatomically), environmental hazards, crisis management and issues to be dealt with after returning home. It also covers basic information about how to plan for an expedition, how to keep the expedition members healthy, how to diagnose and manage their medical problems in remote environments and provide brief summaries of medical problems peculiar to different expedition environments.

This pocket-sized book contains all you need to know to minimise health risks, to protect your health and to deal with unexpected medical problems while you are travelling in remote, wilderness areas of the world.

Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell Bibliography

- Sales Rank: #2718433 in Books
- Published on: 2008-11-15
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 4.20" h x .90" w x 7.10" l, .85 pounds
- Binding: Paperback
- 710 pages

 [Download Oxford Handbook of Expedition and Wilderness Medic ...pdf](#)

 [Read Online Oxford Handbook of Expedition and Wilderness Med ...pdf](#)

Download and Read Free Online Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell

Editorial Review

Review

"Whether you are a leather-skinned hardened expedition leader or simply considering travelling to unusual territory a copy of this book tucked into the top of your rucksack will be one piece of extra weight you'll be glad you opted for."--British Journal of Hospital Medicine

About the Author

Dr Chris Johnson completed an MD in environmental physiology while over-wintering in Antarctica in 1979 as a medical officer for the British Antarctic Survey. On return to the UK he trained as an anaesthetist and now works as a hospital consultant in Bristol. An enthusiastic teacher, he currently holds the post of Regional Adviser for the Royal College of Anaesthetists and writes on aspects of medical education. He maintains an interest in cold weather physiology, is a member of the medical advisory panel to the Royal Geographical Society, and in recent years has travelled in the Yukon, Newfoundland, Greenland, Iceland and Lapland. Sarah is a Consultant in Communicable Disease Control and works in London. She has a long affiliation with expeditioning; her expedition experience includes the outback of Australia, the artic north of Norway, a variety of trips to African and the mountains of Nepal. While at University she led an expedition to Uganda and was President of the Cambridge University Explorers' and Travellers' Club. Sarah is a UK Summer Mountain Leader and medical adviser to the Royal Geographical Society's Medical Cell; she co-edited the book *Expedition Medicine*, and was co-author of *Expedition Health and Safety - a risk assessment* (JRSM 2000; 93:557-562). In 2001 Sarah acted as the medical officer to the RGS - Shoals of Capricorn Programme. She has a Diploma in Tropical Medicine and Hygiene and has worked in hospitals in Uganda, Zimbabwe and South Africa, and as a flying doctor in Kenya with AMREF. Sarah has research interests in infectious disease epidemiology and expedition health and safety.

Dr Jon Dallimore MSc MRCGP MCEM DCH DRCOG Dip Mount Med Jon is a General Practitioner and part-time staff doctor in the Emergency Department of Bristol Royal Infirmary.

Jon's expedition experience varies from the deserts of Namibia, Sinai and Northern Kenya to the jungles of Sulawesi, Belize, Thailand and Ecuador, and high altitude climbs and treks to Nepal, Greenland, Pakistan, Iceland, Morocco, East Africa and the Andes. Jon is an International Mountain Leader and a member of faculty on the UIAA Diploma in Mountain Medicine. Jon is medical advisor to five British expedition companies and has research interests in acute mountain sickness and the incidence of illness and injuries on expeditions. He co-founded Wilderness Medical Training in 1991 and runs courses for doctors on expedition medicine in Chamonix, France in January and June each year. Shane Winser runs Geography Outdoors: the centre supporting field research, exploration and outdoor learning at the Royal Geographical Society with IBG which provides advice, information and training to some 750 plus scientific and adventurous expeditions each year. A zoology graduate with a postgraduate diploma in Information Science, she assisted in the planning and organisation of RGS expeditions to the tropical forests of Sarawak and Brunei, the mountains of the Karakoram, and the drylands of western Australia, Kenya and Oman. She is a member of the BSI technical panel for BS 8848:2007 the new British Standard for the provision of visits, fieldwork, expeditions and adventurous activities outside the United Kingdom. David Warrell is Emeritus Professor of Tropical Medicine, University of Oxford. After studying in Oxford and London, he has lived and worked as

physician, teacher and researcher in many tropical countries, founding the Oxford Tropical Medicine Research Network. He edits the Oxford Textbook of Medicine and Essential Malariaiology and has published research papers, articles and textbook chapters on tropical and infectious diseases, envenoming and poisoning. He is a consultant to the World Health Organization, British Army, Foreign and Commonwealth Office, Medical Research Council and Royal Geographical Society and was president of the Royal Society of Tropical Medicine and Hygiene and International Federation for Tropical Medicine.

Users Review

From reader reviews:

William Deck:

Have you spare time for any day? What do you do when you have much more or little spare time? Yeah, you can choose the suitable activity with regard to spend your time. Any person spent their very own spare time to take a stroll, shopping, or went to often the Mall. How about open or perhaps read a book entitled Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series)? Maybe it is for being best activity for you. You already know beside you can spend your time together with your favorite's book, you can wiser than before. Do you agree with it has the opinion or you have some other opinion?

Dorothy Tran:

This book untitled Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) to be one of several books this best seller in this year, this is because when you read this e-book you can get a lot of benefit into it. You will easily to buy this book in the book retail outlet or you can order it by way of online. The publisher of the book sells the e-book too. It makes you easier to read this book, as you can read this book in your Smartphone. So there is no reason for your requirements to past this publication from your list.

Linda Amato:

In this era which is the greater man or woman or who has ability in doing something more are more valuable than other. Do you want to become one among it? It is just simple strategy to have that. What you need to do is just spending your time little but quite enough to possess a look at some books. One of many books in the top listing in your reading list is Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series). This book that is qualified as The Hungry Slopes can get you closer in getting precious person. By looking way up and review this reserve you can get many advantages.

Greg Butler:

Reading a book make you to get more knowledge from this. You can take knowledge and information from the book. Book is created or printed or highlighted from each source which filled update of news. In this particular modern era like at this point, many ways to get information are available for a person. From media social similar to newspaper, magazines, science guide, encyclopedia, reference book, new and comic. You can add your knowledge by that book. Do you want to spend your spare time to spread out your book? Or

just looking for the Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) when you required it?

**Download and Read Online Oxford Handbook of Expedition and
Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson,
Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell
#35GAU74EQBL**

Read Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell for online ebook

Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell books to read online.

Online Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell ebook PDF download

Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell Doc

Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell MobiPocket

Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell EPub

35GAU74EQBL: Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell