



## **Taproots: Underlying Principles of Milton Erickson's Therapy and Hypnosis (Norton Professional Book)**

By Bill O'Hanlon

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"This is an essential primer of Ericksonian hypnotherapy and strategic psychotherapy. [...] O'Hanlon provides threads that crystallize practical patterns useful to clinicians at all levels of expertise." ? Jeffrey K. Zeig, Ph.D., Director, The Milton H. Erickson Foundation

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#### **Review**

“O’Hanlon’s books are always filled with precious clinical nuggets.” (The Milton H. Erickson Foundation Newsletter)

#### **About the Author**

Bill O’Hanlon, is a founder of Possibility and Inclusive Therapies and is the author or coauthor of more than thirty books, including Out of the Blue, Becoming A Published Therapist, and Quick Steps to Resolving Trauma. He is a Diplomate, Board Member, Fellow and Master Therapist in the American Psychotherapy Association and was awarded the "Outstanding Mental Health Educator of the Year" in 2001 by the New England Educational Institute. He lives in Santa Fe, New Mexico. Visit his website for more information: BillOHanlon.com.

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