



The Power of Focus

By Jack Canfield, Mark Victor Hansen, Les Hewitt

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The No 1 reason that stops people from getting what they want is lack of focus. People who focus on what they want, prosper. Those who don't, struggle. In *The Power of Focus* you'll discover the specific focusing strategies used by the world's most successful men and women. Find out how to: -Focus on your strengths and eliminate everything that is holding you back. -Change bad habits into habits that will make you debt-free and wealthy. -Create an excellent balance between work and family life - without guilt! Your ability to focus will determine your future - start now!

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Editorial Review

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Canfield and coauthors Mark Hansen and Les Hewitt recommend that we concentrate on our strengths, set goals, and focus on them. Canfield and Hansen created the Chicken Soup for the Soul series, which now has 27 titles and has sold 47.5 million copies. They have added new ingredients to their pot; their mix now includes a weekly television show, electronic games, and even refrigerator magnets. All the while, though, their basic stock has remained the same: inspirational, heartwarming, and homey stories that make people feel good. Now they detail 10 "focusing strategies" they say they used to get their first books published and to build on their success. The authors include new stories and their own personal anecdotes to show the importance of having successful habits, creating balance, maintaining confidence, building excellent relationships, etc. *David Rouse*

Review

"Absolutely wonderful" Kenneth Blanchard, author of The One Minute Manager

About the Author

Jack Canfield and Mark Victor Hansen are bestselling authors and motivational speakers who have dedicated their lives to enhancing the professional and personal development of others. They are the co-authors of many bestsellers including Chicken Soup For The Soul, Chicken Soup For The Teenage Soul and Chicken Soup For The Woman's Soul.

Users Review

From reader reviews:

Rachel Robertson:

The actual book The Power of Focus will bring you to the new experience of reading some sort of book. The author style to explain the idea is very unique. Should you try to find new book to study, this book very ideal to you. The book The Power of Focus is much recommended to you you just read. You can also get the e-book from official web site, so you can quickly to read the book.

Donald Andrews:

Typically the book The Power of Focus has a lot info on it. So when you read this book you can get a lot of gain. The book was authored by the very famous author. Mcdougal makes some research prior to write this book. This particular book very easy to read you will get the point easily after perusing this book.

Coleen Faircloth:

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Tommie Matthews:

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