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In *This Is Running for Your Life*, Michelle Orange takes us from Beirut to Hawaii to her grandmother's retirement home in Canada in her quest to understand how people behave in a world increasingly mediated?for better and for worse?by images and interactivity. Orange's essays range from the critical to the journalistic to the deeply personal; she seamlessly combines stories from her own life with incisive analysis as she explores everything from the intimacies we develop with celebrities and movie characters to the troubled creation of the most recent edition of the *Diagnostic and Statistical Manual of Mental Disorders*. With the insight of a young Joan Didion and the empathy of a John Jeremiah Sullivan, Orange dives into popular culture and the status quo and emerges with a persuasive and provocative book about how we live now. Her singular voice will resonate for years to come.

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This Is Running for Your Life: Essays By Michelle Orange Bibliography

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Editorial Review

Review

"I haven't read anyone who writes more incisively and provocatively about the way we live now than Michelle Orange. She's a master essayist and our very best modern critic." --Stephen Elliott, author of "The Adderall Diaries"

"Reading Michelle Orange is like getting swept up in a long, stimulating conversation. Orange is fearlessly brainy and forthcoming, and she unstitches cultural assumptions with dexterity and wit. "This Is Running for Your Life" is a collection of argument, observation, and personal revelation that left me thoughtful and entertained." --Leanne Shapton, author of "Swimming Studies"

"Smart, sophisticated, and quirky, these essays showcase an original voice that uncannily captures the broodings and shadings of a generation." --Philip Lopate

"A sprawling, maximalist journey into the existential and cultural dramas of late twentieth-/early twenty-first-century North American life. Michelle Orange gives us the contents of her very interesting mind along with a healthy dose of her very good soul." --Meghan Daum, author of "My Misspent Youth" and "Life Would Be Perfect If I Lived In That House"

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adorably frantic,' but damaged pixies, unveils crucial aspects of our 'collective imagination.' Incisive analysis of the impact of social media is matched by a poignant dispatch on her nervy 2008 sojourn in Beirut and a startlingly profound report on what was actually at stake at an American Psychiatric Association conference. Orange's receptivity is acute, her mastery of language thrilling, and her interpretations of the forces transforming our lives invigorating." --"Donna Seaman, "Booklist"

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A "New Yorker" Best Book of 2013A "Flavorwire" Best Nonfiction Book of 2013A "Largehearted Boy" Best Nonfiction Book of 2013"[A] well-assembled essay book can be as charismatic as a new rock album, especially if it introduces you to a youngish author whose work you'd previously missed. This was the case, for me, with Michelle Orange's first collection: an assembly of ten stylish, rangy, slightly weird essays that cover topics from the city of Beirut to digital photography. Orange's style is at once narrowly personal and intellectually ambitious, and offered more surprises than I'd expected." --Nathan Heller, "NewYorker.com""Considering the remarkably strong voice -- one that's sardonic enough to laugh at the darkness just a bit -- and sharp mind Orange brings to "This Is Running for Your Life," you might assume that the author is an old hand at this sort of thing, with plenty of essay collections to her name. In fact, this is her first. Especially in a year when so many writers were trying to say "Goodbye to All That," Michelle Orange was more subtly earning her place as of one of Joan Didion's heirs. All we can do is sit back and hope she keeps running with it." --Jason Diamond, "Flavorwire"

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"Reading Michelle Orange is like having a moving, one-sided conversation with your best friend if your best friend was feeling particularly astute that day." --"The Village Voice"

"This essay collection cuts through cultural preconceptions and offers insight into our changing world with clarity, intelligence, and a truly original voice." --"Largehearted Boy"

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"With its stew of high and low cul-tural ref-er-ences and extremely con-fi-dent voice, Orange's essay col-lection "This is Run-ning for your Life" dis-plays a crack-ling brain choos-ing to turn its atten-tion to an array of top-ics and ideas." --Meg Wolitzer, NPR.org

"Orange offers glimpses of the emo-tional root struc-ture of her own asso-cia-tive ten-den-cies, demon-strat-ing how exca-vat-ing analo-gies every-where is a form of gen-eros-ity but also a symp-tom of hunger: for sense, for con-nec-tion, for accumulation . . . At the cen-ter of her book is a stub-born fas-ci-na-tion with how imper-fectly we know one another and our own col-lec-tive past. But there is a deep ten-der-ness in how

she picks apart our imperfection--a beat-ing heart deliv-er-ing oxy-gen to her acro-batic intellect--and it's this qual-ity of intel-li-gent ten-der-ness that con-nects her voice most pal-pa-bly to [that of Rebecca Sol-nit]." -- Leslie Jamison, "The New Republic"

"It is not an exag-ger-a-tion to say that Orange has per-fected the art of the per-sonal essay, seam-lessly weav-ing her own his-tory with our col-lec-tive expe-ri-ence, and effort-lessly ref-er-enc-ing dra-mas both small and large to back up her points. In these 10 diverse pieces, she ele-gantly com-bines his-tor-i-cal, pop-cultural, and per-sonal ele-ments, tak-ing read-ers on well-researched, acces-si-ble jour-neys through feel-ings and facts." --Stacey May Fowles, "Quill and Quire "(starred review)

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"The energy, vari-ety and intel-lec-tu-al-ity of these expan-sive non-fiction pieces recall the plea-sures of short sto-ries. Dis-parate sub-jects (a solo vaca-tion in Beirut, a visit to her grandmother's retire-ment home, Melville Heights in Hal-i-fax) delight like restau-rant sam-pler plat-ters; the reader is served a curated mix of small delights, items one may not nor-mally select, per-haps out of fear of dis-ap-point-ment or a lack of adven-tur-ous-ness . . . This is writ-ing for your life. You won't read a bet-ter col-lec-tion of essays this year." --Megan Power, "Hal-i-fax Chron-i-cle Herald"

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About the Author

Michelle Orange is the author of *The Sicily Papers* and the editor of *From the Notebook: The Unwritten Stories of F. Scott Fitzgerald*. Her fiction, essays, criticism, and journalism have appeared in *The New York Times*, *The Nation*, *The Virginia Quarterly Review*, *The Village Voice*, *The Globe and Mail*, *Movieline.com*, and *McSweeney's*, among other publications. She is a founding contributing editor of *The Rumpus*.

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Users Review

From reader reviews:

Nancy Sanchez:

What do you with regards to book? It is not important together with you? Or just adding material when you require something to explain what the one you have problem? How about your time? Or are you busy man? If you don't have spare time to complete others business, it is gives you the sense of being bored faster. And you have time? What did you do? Everybody has many questions above. They must answer that question because just their can do in which. It said that about publication. Book is familiar on every person. Yes, it is proper. Because start from on jardín de infancia until university need this This Is Running for Your Life: Essays to read.

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