



# Liberated Parents, Liberated Children: Your Guide to a Happier Family

By Adele Faber, Elaine Mazlish

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**Liberated Parents, Liberated Children: Your Guide to a Happier Family** By Adele Faber, Elaine Mazlish

**The Companion Volume to *How to Talk So Kids Will Listen & Listen So Kids Will Talk***

In this honest, illuminating book, internationally acclaimed parenting experts Adele Faber and Elaine Mazlish bring to life the principles of famed child psychologist Dr. Haim Ginott, and show how his theories inspired the changes they made in their relationships with their own children.

By sharing their experiences, as well as those of other parents, Faber and Mazlish provide moving and convincing testimony to their new approach and lay the foundation for the parenting workshops they subsequently created that have been used by thousands of groups worldwide to bring out the best in both children and parents.

Wisdom, humor, and practical advice are the hallmarks of this indispensable book that demonstrates the kind of communication that builds self-esteem, inspires confidence, encourages responsibility, and makes a major contribution to the stability of today's family.

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### **Editorial Review**

#### **About the Author**

Adele Faber and Elaine Mazlish are internationally acclaimed, award-winning experts on adult-child communication. Both lecture nationwide, and their group workshop programs are used by thousands of groups throughout the world to improve communication between children and adults.

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