



What Your Doctor May Not Tell You About Menopause (TM): The Breakthrough Book on Natural Hormone Balance (What Your Doctor May Not Tell You About...)(Paperback)

By John R. Lee, Virginia Hopkins

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What Your Doctor May Not Tell You About Menopause (TM): The Breakthrough Book on Natural Hormone Balance (What Your Doctor May Not Tell You About...)(Paperback) By John R. Lee, Virginia Hopkins

The Revolutionary Book About Bioidentical Hormone Replacement Therapy Now Fully Revised and Updated Over a decade ago, Dr. John Lee first published his startling conclusions about conventional hormone replacement therapy (HRT): synthetic hormones don't work as predicted and, worse, they pose a health threat to women. His findings touched off a storm of controversy. But years later, research has proved him right. Now millions of women concerned about aging must decide whether or not to undergo synthetic hormone replacement therapy-and suffer its side effects and increased health risks. Hundreds of thousands of women have listened to Dr. Lee's potentially life-saving advice and followed his groundbreaking, natural hormone program-experiencing amazing results. Newly revised and updated, this revolutionary book has the latest research, and Dr. Lee's effective plan for restoring balance using bioidentical hormones, including natural progesterone. Discover the benefits of his breakthrough program:

- * Reduce or eliminate premenopausal and menopausal symptoms
- * Help eliminate hormone-related problems such as osteoporosis, hot flashes, night sweats, vaginal dryness, weight gain, and fibrocystic breasts
- * Reduce "middle age" weight gain
- * Help restore sex drive
- * Protect against breast cancer
- * Maintain mental acuity
- * Help stop and reverse osteoporosis
- * Restore energy and vibrancy...slow the signs of aging.

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Editorial Review

Review

* 'John Lee has pioneered work in women's health that has greatly influenced and enhanced the way I practice medicine. I am deeply grateful for his teaching.' - Christine Northrup MD, author The Wisdom of Menopause * 'A must-read for every woman over 40' Dr. Earl Mindell, author The Vitamin Bible

About the Author

Dr John R. Lee has now retired from family practice but is an acknowledged expert on HRT and is a much sought-after speaker on the subject, both by health professionals and lay audiences, speaking to thousands of women at a time in seminars across the US. Virginia Hopkins

Users Review

From reader reviews:

Curtis Russell:

Information is provisions for anyone to get better life, information nowadays can get by anyone with everywhere. The information can be a understanding or any news even a concern. What people must be consider any time those information which is inside the former life are challenging to find than now's taking seriously which one is acceptable to believe or which one often the resource are convinced. If you obtain the unstable resource then you get it as your main information we will see huge disadvantage for you. All of those possibilities will not happen within you if you take What Your Doctor May Not Tell You About Menopause (TM): The Breakthrough Book on Natural Hormone Balance (What Your Doctor May Not Tell You About...(Paperback)) as the daily resource information.

John Dearman:

Exactly why? Because this What Your Doctor May Not Tell You About Menopause (TM): The Breakthrough Book on Natural Hormone Balance (What Your Doctor May Not Tell You About...(Paperback)) is an unordinary book that the inside of the book waiting for you to snap it but latter it will surprise you with the secret it inside. Reading this book close to it was fantastic author who write the book in such amazing way makes the content on the inside easier to understand, entertaining way but still convey the meaning fully. So, it is good for you because of not hesitating having this any more or you going to regret it. This amazing book will give you a lot of gains than the other book have such as help improving your talent and your critical thinking approach. So, still want to hold off having that book? If I were you I will go to the publication store hurriedly.

Ruth Nicholson:

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